

A-Z

MOST
COMMON
AILMENTS

A-Z Most Common Ailments

1	ADHD
2	Acid reflux / GERD
3	Anxiety disorders
4	Arthritis (osteoarthritis, rheumatoid)
5	Asthma / breathing difficulties
6	Autism
7	Body pain (muscular)
8	Cancer / tumours
9	Chronic pain conditions (e.g. fibromyalgia)
10	Chronic stress & burnout
11	Constipation
12	Depression / low mood
13	Detox (heavy metal, parasites, toxins, gut flush)
14	Digestive issues (indigestion, bloating)
15	Fatigue / low energy
16	Food intolerances (lactose, gluten sensitivity, etc.)
17	Hair Loss (In Men & Women)
18	Headaches & migraines
19	High blood pressure (hypertension)
20	High cholesterol
21	Hormonal imbalances (PMS, PCOS, menopause symptoms)
22	Insomnia / poor sleep quality
23	Iron-deficiency anaemia
24	Irritable Bowel Syndrome (IBS)
25	Joint pain / stiffness (e.g. knees, hips)
26	Recurrent colds / lowered immunity
27	Skin conditions (eczema, psoriasis, acne)
28	Surgery/Operation Recovery
29	Thyroid disorders (hypothyroidism / hyperthyroidism)
30	Type 2 diabetes / blood sugar dysregulation

1. ADHD

- Detox Spray
- ADHD Spray (launching soon)
- Mental Health Spray
- Stress & Anxiety Spray
- Sea Moss & Moringa

2. Acid reflux / GERD

- Detox Spray
- Digestion Spray
- Liver Detox

3. Anxiety disorders

- Detox Spray
- Stress & Anxiety Spray
- Magnesium Oil

4. Arthritis (osteoarthritis, rheumatoid)

- Detox Spray
- Pain & Inflammation
- Sea Moss & Moringa Spray
- Miracle Mix Spray

5. Asthma / breathing difficulties

- Detox Spray
- Lung Cleanser
- Sea Moss & Moringa
- Miracle Mix Spray

6. Autism

- Detox Spray
- Autism Spray (launching soon)
- Mental Health Spray
- Stress & Anxiety Spray

7. Body pain (muscular)

- Detox Spray
- Pain & Inflammation
- Miracle Mix Spray

8. Cancer / tumours

- Detox Spray
- Sea Moss & Moringa
- Immune Booster Spray
- Energy & Stamina Spray

9. Chronic pain conditions (e.g. fibromyalgia)

- Detox Spray
- Sea Moss & Moringa
- Pain & Inflammation
- AutoImmune Spray (if autoimmune disorder)

10. Chronic stress & burnout

- Detox Spray
- Stress & Anxiety
- Lemon Balm Spray
- Sea Moss & Moringa Spray

11. Constipation

- Detox Spray
- Digestion Spray
- Liver Detox

12. Depression / low mood

- Detox Spray
- Mental Health Spray
- Energy & Stamina Spray
- Stress & Anxiety Spray

13. Diarrhoea / sensitive gut

- Detox Spray
- Digestion Spray
- Liver Detox
- Sea Moss & Moringa

14. Digestive issues (indigestion, bloating)

- Detox Spray
- Digestion Spray
- Sea Moss & Moringa Spray

15. Fatigue / low energy

- Detox Spray
- Energy & Stamina Spray
- Sea Moss & Moringa
- Sleep Spray (if low energy is due to lack/quality of sleep)
- Magnesium Oil (if low energy is due to lack/quality of sleep)

16. Food intolerances (lactose, gluten sensitivity, etc.)

- Detox Spray
- Digestion Spray
- Activated Charcoal Powder

17. Hair Loss (In Men & Women)

- Detox Spray
- Hair Loss Spray
- Sea Moss & Moringa
- Testosterone Booster/Hormone Balance

18. Headaches & migraines

- Detox Spray
- Pain & Inflammation Spray
- Miracle Mix Spray
- Sea Moss & Moringa

19. High blood pressure (hypertension)

- Detox Spray
- Miracle Mix Spray
- Lemon Balm Spray
- Stress & Anxiety Spray

20. High cholesterol

- Detox Spray
- Miracle Mix Spray
- Lemon Balm Spray
- Liver Detox Spray

21. Hormonal imbalances (PMS, PCOS, menopause symptoms)

- Detox Spray
- Hormone Balance & Support Spray
- Stress & Anxiety Spray
- Sleep Spray
- Magnesium Oil

22. Insomnia / poor sleep quality

- Detox Spray
- Sleep Spray
- Magnesium Oil
- Hormone Balance & Support / Testosterone Booster (if lack of sleep is related to hormone imbalance)

23. Iron-deficiency anaemia

- Detox Spray
- Sea Moss & Moringa Spray

24. Irritable Bowel Syndrome (IBS)

- Detox Spray
- Liver Detox Spray
- Digestion Spray
- Sea Moss & Moringa Spray

25. Joint pain / stiffness (e.g. knees, hips)

- Detox Spray
- Pain & Inflammation
- Sea Moss & Moringa Spray
- Miracle Mix Spray

26. Recurrent colds / lowered immunity

- Detox Spray
- Immune Booster
- Sea Moss & Moringa
- Miracle Mix Spray

27. Skin conditions (eczema, psoriasis, acne)

- Detox Spray
- Sea Moss & Moringa Spray
- Skin Rescue Serum
- Hormone Balance & Support Spray / Testosterone Booster (if skin concern is related to hormones)
- AutoImmune Spray (if autoimmune disorder – psoriasis, eczema, etc.)

28. Surgery/Operation Recovery

- Detox Spray
- Sea Moss & Moringa
- Miracle Mix
- Lymphatic Cleanser

29. Thyroid disorders (hypothyroidism/hyperthyroidism)

- Detox Spray
- Thyroid Spray
- Sea Moss & Moringa Spray

30. Type 2 diabetes / blood sugar dysregulation

- Detox Spray
- Lemon Balm Spray
- Sea Moss & Moringa